Gaia Rio Grande do Sul has the purpose of "turning conscious the unconditional love we receive from the Earth, enabling the creation of communities that cultivate the coexistence of worldviews, and care for all life forms".
**OVERVIEW**

The purpose of Gaia RS 2018, mentioned above, was co-created with 7 women who started the dream of rescuing this movement in Rio Grande do Sul, after 7 years, where the last Gaia happened in the state. The 7-woman team process lasted 9 months, during which all administrative activities were carried out until the launching of Save the Date. After ten month there was a reflection, considering several factors, and the team was restructured with only 4 members, which led to closure with great fluency and dedication.

The participants were attracted in two phases. The first, we did a virtual pre-launch on facebook, along with the presence of deep conversation circles in some cities of the state, to access those interested, we used a virtual registration form, where there were quickly more than 20 interested. The second phase was the opening of the registrations, including the financial exchange values and we were able to listen to the needs and offers of each interested party, made telephone contact with all, we still kept the registrations open during the Opening Class, which was the Social Dimension, where we got 5 new registrations. Thus the program began with 25 participants, 20 women and 5 men, ranging in age from 21 to 60 years old. Three participants were present only in the social dimension, and due to the appearance of commitments did not continue. 15 participants received the certificate for completing the minimum workload of 90%, participating in all dimensions.

Most of the participants were Caucasian, Brazilian, with a college or university education. All were inhabitants of the state of Rio Grande do Sul, residents from several cities, located in the central regions, and the hills of Rio Grande do Sul. The location in different cities, most inside the state, brought many perspectives and diversity in opinions, different ways of life and work areas, including students, businessmen, university professors, engineers, retirees, administrative managers, psychologists, pedagogues and art therapists. Throughout the course they found common ground in the values from Gaia Education.
The pedagogical choice for the meetings followed a monthly rhythm, one dimension per month on the weekends. From Friday evening to Saturday night with the presence of invited facilitators and, on Sunday, the weavers conducted practices with the self-managed groups to sew the contents, fix the learning, systematize insights and follow up on the projects. Each dimension was carried out in a different place, as described above, two immersions, where the participants were hosted at the working space, and 5 meetings with solidarily hosting by other participants from the region receiving the colleagues from outside: this movement was very enriching, since it promoted a deep interaction between them and with their families.

At each meeting, practices were proposed to enhance the balance between body, mind, emotions and spirituality, among them physical activities, circular dances, biodanza, cooperative games, interspersed with the presentation of invited facilitators, individual group activities including writing diary of board, project planning, etc.

The whole program was realized in 161 hours, seven meetings, incorporating five dimensions and two community meetings, on the following dates:

- **Social Dimension**: April 13th, 14th and 15th;
- **Ecologic Dimension**: May 4th, 5th and 6th;
- **Community Of Practice Of Social and Ecological Dimensions**: May 31st, June 1st and 2nd;
- **Economic Dimension**: July 6th, 7th and 8th
- **Worldview Dimensions**: August 3rd, 4th and 5th;
- **Community Practice Of Ecological and Worldview Dimensions**: August 31st, September 1st and 2nd;
- **Four Dimensions Mandala**: October 5th and 6th.
SOCIAL DIMENSION

The course started with the Social Dimension, with Taisa Mattos as guest facilitator, held in the covered space of the Botanical Garden in the city of Lajeado-RS.

"It was for me the gateway to a new world. Not having direct contact with the realities of ecovillages and their proposals and being at the mercy of the open media, like most of the world population, I have realized that social movements for a more human and sustainable world exist, are strong and absolutely feasible. I understood that I am not working alone in order to manifest balance and abundance on the planet and that I can count on a network of support and also being part of and collaborate with this network... Gaia Education planted strong and healthy seeds in 2018. Let this work continue and expand in 2019!"

Maria Luiza Jantsch Lazzari, EDE Gaia RS 2018 participant.

ECOLOGIC DIMENSION

The Ecological Dimension happened at the Gaia Foundation, a legacy of José Lutzenberger, a place called Rincão Gaia, in the city of Rio Pardo-RS, the focusers were Tomaz Lotufo and Débora Rocha, he is a permaculturor with an extensive experience in permaculture and bio-construction, she is an urban architect, both led a theoretical and experimental approach in the construction of knowledge. They presented the basic and fundamental concepts of ecology and methodologies to reach ecological balance, both in food production and construction techniques and processes, were presented.

Participants made contact with knowledge and techniques that benefit the design of sustainable human settlements in urban and rural areas. We made a raised bed using leaves of banana trees, which were collected by the participants and planted lettuce and other vegetables. To address the urban context, case studies of sustainable construction, concept, techniques and technologies available in the construction sector were presented, more aligned with the premise of sustainability and green certifications, as well as technologies and techniques of bio-construction.

Some of the concepts and techniques presented in this dimension were experienced in all meetings, such as the separation of organic waste for composting, seeking reduction of packaging and industrial products in snacks, etc. and was also reflected in the projects of the communities of practice.

"I started the ecological dimension as an ice cube on a hot day, with my knowledge of agricultural production melting, and gradually becoming more liquid and malleable. A true process of deformation and openness to infinite possibilities in tune with Gaia".

Daniel Teixeira - Agronomic Engineer, EDE Gaia RS 2018 participant.
ECONOMIC DIMENSION

The Economic Dimension took place in the Mercur SA Social Innovation Laboratory in the city of Santa Cruz do Sul, the facilitator guest was Euclides Mance, one of the main theoretical and practical Solidarity Economy and Liberation Philosopher in Latin America, and Ezio Faganello, economist, both participants in the implementation of the first Economic Solidarity Circuit in Brazil, in Curitiba, in partnership with the Instituto Nhandecy.

In addition to presenting the basic concepts that differentiate the logic of capital from the logic of the solidarity economy to impact to the living life of all beings, the concepts were practiced and tried in an Exchange Fair by the participants, using the social currency called Gaião.

"This dimension was a revelation of the macroeconomic understanding and historical evolution of international markets, brought the evidence of the moment we lost as humanity". Tiago Guerra Production Engineer, EDE Gaia RS 2018 participant.

WORLDVIEW DIMENSION

"Hear the sound of earth crying!!!! And see the urgent need to be on the big turn with a change of consciousness and sensitivity for this paradigm shift: from an industrial growth society to a society that sustains life. Change the way we relate to ourselves and to others, to the planet. WE ARE ONE. WE ARE THE WHOLE". Ana Galafassi, participant EDE Gaia RS 2018.

At the Dimension World Vision, the invited facilitator was Ana Carolina Beer Simas, and it happened in the city of Canela, in the space for immersion called the Peace Synchrony. This dimension was presented in order to integrate the system with the holistic vision. Joanna Macy's "The Connecting Work," and practices reconnecting with nature and inspiring the participants to the Awakening and Transformation of Consciousness. In another section, Edite brought to the discussion the themes of Personal Health, Planetary Health and Throughout the program the expressions have facetted this practice, circular dances, various forms of celebration and connection with the body and the soul was always present.
This year participants in self-organized groups (Harmony, Communication, Harvest, Celebration) shared the learning experienced throughout the way, offering activities involving a video with the highlights of the program, silence walk and meditation at the waterfall, healthy eating, gratitude envelope, conversations of our experiences. It was a moment of great joy and celebration together with friends and family who felt inspired and reported the transformations they already saw reflected in their life as an influence of the Gaian participants. A collective hug, rocked by music finished the day.

"After seven months of Gaia, a significant insight was the awareness of the importance of getting started wherever you are ... Look more at how you do it than at what you do. It does not have to be something grand, for now, just be consistent and constant". Luciele Comunello - Professor at University, participant EDE Gaia RS 2018.
# Financial Balance

<table>
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<tr>
<th>Item</th>
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<tbody>
<tr>
<td>Facilitator's payment</td>
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<tr>
<td>Lodging and rental space</td>
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<td><strong>Total Revenue</strong></td>
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<td><strong>Balance</strong></td>
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Follow your heart during the decision making process is necessary, but no always easy.

The courage to realize the program at different cities and places, it was the first experience and we had lots of results, especially the expansion of the program to beyond the participants.

An innovation was to realize the economic dimension at an industrial company, who is already doing its transition in a very inspiring way.

To reaffirm that Gaia Education is a program, where behind its essence, has a special contribution to go one step ahead em direction to a world vision of more love and regeneration.

Finally it was a big step for each individual to realize that we all live in community with Gaia, we can express this in all our daily relationships and projects, its no just a program, it’s a new consciousness burning in a group, and most of them leave the program empowered to make a difference in his life, his community and to mother Earth.